

## Exeter

NHS Walk-in Centre  
31 Sidwell Street, EX4 6NN

- Appointments: Monday – Friday & Saturday mornings

## Exmouth

Exmouth Hospital  
Dewdney Unit, Claremont Grove, EX8 2JN

- Appointments: Thursdays 4pm – 7pm & Fridays 1.30pm – 4.30pm

## Okehampton

Okehampton Community Hospital  
Cavell Way, Okehampton, EX20 1PN

- Appointments: Mondays 4pm – 7pm

## Tiverton

Tiverton & District Hospital  
Kennedy Way, Tiverton, EX16 6NT

- Appointments: Wednesdays 4pm – 7pm

Walk-in sessions available at all centres  
– call for details

## The Centre

We aim to provide a free and confidential service within a friendly non-judgemental environment, open to everyone.

- Referral by your GP is not necessary; you can refer yourself.
- All the records are confidential to this service. They will not be shared with anyone else unless there are exceptional circumstances.
- Treatments are free.

More information can be found at our website:  
[www.thecentresexualhealth.org](http://www.thecentresexualhealth.org)

Follow us on twitter  @sexualhealthexe



# the centre

**Tel: 01392 284982 / 284983**

Call for an appointment or details of  
walk-in sessions

[www.thecentresexualhealth.org](http://www.thecentresexualhealth.org)

For appointments for all clinics, please phone  
**01392 284982 / 284983**

Contraception Nurse Helpline: **01392 284931**

Northern Devon Healthcare NHS Trust  
Raleigh Park, Barnstaple  
Devon EX31 4JB  
Tel. 01271 322577

[www.northdevonhealth.nhs.uk](http://www.northdevonhealth.nhs.uk)

## Other formats

If you need this information in another format such as audio tape or computer disc, Braille, large print, high contrast, British Sign Language or translated into another language, please telephone the PALS desk on 01271 314090.

## Contraception Service

We offer:

- Information and advice on all methods of contraception
- Emergency contraception
- Pregnancy testing
- Advice and referral for unplanned pregnancy
- Information about fertility and sterilisation

## GU Medicine Service

We offer:

- Information and advice on all aspects of sexual health and wellbeing
- Management of genital and urinary symptoms, including infection, pain and skin problems
- Screening and treatment for all sexually transmitted infections and related problems
- Help with preventing infections including:
  - hepatitis vaccinations for at risk groups
  - post exposure prophylaxis (PEPSE)

## HIV Service

We offer:

- Advice on all aspects of HIV and other blood borne viruses
- Treatment and support for individuals with HIV

## PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or e-mail: [ndht.pals@nhs.net](mailto:ndht.pals@nhs.net). You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple. Alternatively, it may be possible for us to arrange an appointment in your area.